



May 2023



Guadalupe Centers Senior Center

1015 Avenida Cesar E. Chavez, Kansas City, Missouri 64108

Monday	Tuesday	Wednesday	Thursday	Friday
10:30 Bingo 1 12:00 Lunch 1:00 Bingo	10:30 Tai Chi 2 12:00 Lunch 12:30 Store	10:30 Bingo 3 12:00 Lunch 1:00 Bingo	10:30 Games 4 12:00 Lunch	Center Closed 5 Cinco De Mayo Fiesta Weekend 5/5 & 5/6
10:30 Bingo 8 12:00 Lunch 1:00 Bingo	10:30 Stroke Awareness Month/ Crafts 9 12:00 Lunch	10:30 Bingo 10 12:00 Lunch 1:00 Bingo	10:30 Zumba 11 12:00 Lunch 12:30 Store	10:30 Bingo 12 12:00 Lunch 1:00 Bingo
10:30 Bingo 15 12:00 Lunch 1:00 Bingo	10:30 Tai Chi 16 12:00 Lunch 12:30 Store	10:30 Bingo 17 12:00 Lunch 1:00 Bingo World Hypertension Day	10:30 Games 18 12:00 Lunch	10:30 Bingo 19 12:00 Lunch 1:00 Bingo
10:30 Bingo 22 12:00 Lunch 1:00 Bingo	10:30 Blood Pressure- VNA 23 12:00 Lunch 12:30 Store	10:30 Bingo 24 11:00 Lunch 12:00 Movie (Cinemark)	10:30 Zumba 25 12:00 Lunch	10:30 Bingo 26 12:00 Lunch Birthday / Raffle
Center Closed for Memorial Day 29	10:30 Tai Chi 30 12:00 Lunch	10:30 Crafts 31 12:00 Lunch Senior Health and Fitness Day		**Calendar Subject to Change without notice.