

# PRE-K LUNCH MENU - JANUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Choice of Milk</u> 1% White Milk or Skim Chocolate Milk</p> <p><u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW= Whole Wheat RF = Reduced Fat LS = Low Sodium</p>			<b>4-Jan</b>	<b>5-Jan</b>
			Meatball Grinder/Shredded Cheese WG Roll Green Beans Cinnamon Applesauce Ranch Dressing Choice of Milk	WG Turkey Pepperoni/Cheese Pizza Romaine Salad Mix Orange Segments Ranch Dressing Choice of Milk
<b>8-Jan</b>	<b>9-Jan</b>	<b>10-Jan</b>	<b>11-Jan</b>	<b>12-Jan</b>
Grilled Chicken Tenders Red Delicious Apple Segments Broccoli Florets Ketchup Ranch Dressing Choice of Milk	LS Hamburger Patty WG Hamburger Bun French Fries Lettuce/Tomato Applesauce Choice of Milk Ketchup	Corn Dog Sliced Carrots Fresh Orange Ketchup Choice of Milk	Homemade Beef Enchilada/Sauce Pinto Beans Mexican Rice Orange Slices Choice of Milk	Grilled Chicken Patty WG Bun Petite Banana Mashed Potato LS Chicken Gravy Choice of Milk
<b>15-Jan</b>	<b>16-Jan</b>	<b>17-Jan</b>	<b>18-Jan</b>	<b>19-Jan</b>
Martin Luther King Holiday NO School	Taco Salad Tortilla Chips Beans Diced Tomato Shredded Lettuce Salsa Orange Segments Choice of Milk	Hot Turkey Ham/Cheese Sandwich Carrot Sticks Ranch Dressing Fruit Mix Choice of Milk	WG Turkey Pepperoni/Cheese Pizza Romaine Salad Mix Orange Segments Ranch Dressing Choice of Milk	Beef & Bean Burrito Mexican Rice Salsa Fruit Salad Choice of Milk
<b>22-Jan</b>	<b>23-Jan</b>	<b>24-Jan</b>	<b>25-Jan</b>	<b>26-Jan</b>
LS Hamburger Patty WG Hamburger Bun RF Sliced Cheese Corn Pear Ketchup	Bean Tostada/RF Shredded Cheese Salsa Mexican Rice Refried Beans Diced Pineapple Choice of Milk	Corn Dog Sliced Carrots Fresh Orange Ketchup Choice of Milk	WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Segments LS Gravy Ketchup Choice of Milk	WG Turkey Pepperoni/Cheese Pizza Romaine Salad Mix Orange Segments Ranch Dressing Choice of Milk
<b>29-Jan</b>	<b>30-Jan</b>	<b>31-Jan</b>	<b>1-Feb</b>	<b>2-Feb</b>
Meatball Grinder/Shredded Cheese WG Roll Green Beans Cinnamon Applesauce Ranch Dressing Choice of Milk	WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Segments LS Gravy Ketchup Choice of Milk	Beef & Bean Burrito Mexican Rice Salsa Fruit Salad Choice of Milk	Taco Salad Tortilla Chips Beans Diced Tomato Shredded Lettuce Salsa Orange Segments Choice of Milk	WG Turkey Pepperoni/Cheese Pizza Romaine Salad Mix Orange Segments Ranch Dressing Choice of Milk