

ELEMENTARY LUNCH MENU - JANUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
4-Jan				
<u>Choice of Milk</u> 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW = Whole Wheat RF = Reduced Fat LS = Low Sodium			Meatball Grinder/Shredded Cheese WG Roll Green Beans Cinnamon Applesauce Ranch Dressing Choice of Milk	WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Orange Ketchup Ranch Dressing Choice of Milk
8-Jan				
Chicken Tenders WG Roll Carrot Sticks Broccoli Florets Ranch Dressing Red Delicious Apple Choice of Milk	LS Hamburger Patty WG Hamburger Bun French Fries Lettuce/Tomato Orange Choice of Milk Ketchup	Corn Dog Tri Tator Sliced Carrots Blue Raspberry Lemon Frozen Desert Ketchup Choice of Milk	Homemade Beef Enchilada/Sauce Mexican Rice Pinto Beans Corn Orange Slices Choice of Milk	Grilled Chicken Patty WG Bun Green Beans Mashed Potato LS Chicken Gravy Petite Banana Choice of Milk
15-Jan				
Martin Luther King Holiday No School	Taco Salad Tortilla Chips Mexican Rice Orange Diced Tomato/Shredded Lettuce Beans Salsa Choice of Milk	Hot Turkey Ham/Cheese Sandwich WG Dorito Chips Carrot Sticks Broccoli Florets Ranch Dressing Fruit Mix Choice of Milk	WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Orange Ketchup Ranch Dressing Choice of Milk	Beef & Bean Burrito Mexican Rice Diced Tomato Shredded Lettuce Salsa Fruit Salad Choice of Milk
22-Jan				
LS Hamburger Patty WG Hamburger Bun RF Sliced Cheese Tri Tator Corn Pear Choice of Milk Ketchup	Bean Tostada/RF Shredded Cheese Salsa Mexican Rice Refried Beans Shredded Lettuce Diced Pineapple Choice of Milk	Corn Dog Tri Tator Sliced Carrots Blue Raspberry Lemon Frozen Desert Ketchup Choice of Milk	WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Corn LS Gravy Ketchup Choice of Milk	WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Orange Ketchup Ranch Dressing Choice of Milk
29-Jan				
Meatball Grinder/Shredded Cheese WG Roll Green Beans Cinnamon Applesauce Ranch Dressing Choice of Milk	WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Corn LS Gravy Ketchup Choice of Milk	Beef & Bean Burrito Mexican Rice Diced Tomato Shredded Lettuce Salsa Fruit Salad Choice of Milk	1-Feb Taco Salad Tortilla Chips Mexican Rice Orange Diced Tomato/Shredded Lettuce Beans Salsa Choice of Milk	2-Feb WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Orange Ketchup Ranch Dressing Choice of Milk