

# MIDDLE/HIGH SCHOOL BREAKFAST MENU - DECEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1-Dec</b>				
Choice of Milk 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW = Whole Wheat RF = Reduced Fat RS - Reduced Sodium		Breakfast Combo Bar WWWG Toast Diced Mango 100% Juice Choice of Milk	WG Cinnamon Cooked French Toast Orange Maple Flavored Syrup 100% Juice Choice of Milk	WG Reduced Sugar Cocoa Puff Choice of Yogurt Pear 100% Juice Choice of Milk
<b>4-Dec</b>	<b>5-Dec</b>	<b>6-Dec</b>	<b>7-Dec</b>	<b>8-Dec</b>
WG Buttermilk Biscuit Sausage Patty Sliced Cheese Orange 100% Juice Choice of Milk	WG Cinnamon Cooked French Toast Fruit Salad Maple Flavored Syrup 100% Juice Choice of Milk	WG Egg/Cheese Breakfast Pizza Pear Valentina Hot Sauce 100% Juice Choice of Milk	WG Mini Maple Waffles Fruit Mix 100 % Juice Choice of Milk Maple Flavored Syrup	WG Reduced Sugar Coca Puffs Cereal Graham Crackers Delicious Red Apple 100% Juice Choice of Milk
<b>11-Dec</b>	<b>12-Dec</b>	<b>13-Dec</b>	<b>14-Dec</b>	<b>15-Dec</b>
WG Sausage Pancakes Mixed Berry Cup Maple Flavored Syrup 100% Juice Choice of Milk	WG Mini Strawberry Pancakes Cinnamon Applesauce Maple Flavored Syrup 100% Juice Choice of Milk	WG Apple Jacks Cereal Graham Crackers Pineapple Tidbits 100% Juice Choice of Milk	WG Egg/Cheese Breakfast Pizza Red Delicious Apple 100% Juice Choice of Milk	WG Mini Maple Pancakes Cinnamon Applesauce Maple Flavored Syrup 100% Juice Choice of Milk
<b>18-Dec</b>	<b>19-Dec</b>	<b>20-Dec</b>	<b>21-Dec</b>	<b>23-Dec</b>
WG Egg/Cheese Breakfast Pizza Diced Mango 100% Juice Choice of Milk	Breakfast Combo Bar WWWG Toast Banana 100% Juice Choice of Milk	<b>WINTER BREAK - NO SCHOOL</b>		