

ELEMENTARY LUNCH MENU - NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1-Nov Corn Dog Tri Tator Romaine Salad Diced Pineapple Ketchup Choice of Milk	2-Nov Meatball Grinder/Shredded Cheese WG Roll Green Beans Cinnamon Applesauce Ranch Dressing Choice of Milk	3-Nov WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Orange Ketchup Ranch Dressing Choice of Milk
6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Chicken Tenders WG Roll Carrot Sticks Broccoli Florets Ranch Dressing Red Delicious Apple Choice of Milk	LS Hamburger Patty WG Hamburger Bun Tri Tator Lettuce/Tomato Applesauce Choice of Milk Ketchup	HOT Turkey Ham Sandwich Mixed Vegetables Mashed Potatoes/Gravy Fruit Salad Choice of Milk	Grilled Chicken Patty WG Bun Green Beans Mashed Potato LS Chicken Gravy Petite Banana Choice of Milk	Pulled Pork Sandwich WG Hamburger Bun Baked Beans TriTator Fruit Mix Choice of Milk
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Corn LS Gravy Ketchup or Honey Mustard Choice of Milk	Taco Salad Tortilla Chips Mexican Rice Orange Diced Tomato/Shredded Lettuce Beans Salsa Choice of Milk	HOT Turkey Ham Sandwich Carrot Slices Mashed Potatoes/Gravy Red Delicious Apple Choice of Milk	Roast Turkey/Gravy Mashed Potatoes WG Roll Green Beans Pumpkin Pie Choice of Milk	WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Orange Ketchup Ranch Dressing Choice of Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
LS Hamburger Patty WG Hamburger Bun RF Sliced Cheese Tri Tator Corn Pear Choice of Milk Ketchup	Beef & Bean Burrito Mexican Rice Diced Tomato Shredded Lettuce Salsa Fruit Salad Choice of Milk	NO SCHOOL	THANKSGIVING HOLIDAY	NO SCHOOL
27-Nov	28-Nov	29-Nov	30-Nov	
Chicken Patty WG Hamburger Bun Tri Tator Green Beans Fruit Salad Choice of Milk Ketchup	WG Turkey Pepperoni/Cheese Pizza French Fries Romaine Salad Mix Banana Ketchup Ranch Dressing Choice of Milk	Bean Tostada/RF Shredded Cheese Salsa Mexican Rice Refried Beans Shredded Lettuce Orange Choice of Milk	WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Corn LS Gravy Ketchup or Honey Mustard Choice of Milk	Choice of Milk 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW= Whole Wheat RF = Reduced Fat LS = Low Sodium

PRE-K LUNCH MENU - NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1-Nov Corn Dog Romaine Salad Mix Ketchp/Ranch Dressing Choice of Milk	2-Nov Meatball Grinder/Shredded Cheese WG Roll Green Beans Cinnamon Applesauce Ranch Dressing Choice of Milk	3-Nov WG Turkey Pepperoni/Cheese Pizza Romaine Salad Mix Orange Segments Ranch Dressing Choice of Milk
6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Grilled Chicken Tenders Red Delicious Apple Segments Broccoli Florets Ketchup Ranch Dressing Choice of Milk	LS Hamburger Patty WG Hamburger Bun Tri Tator Apple Sauce Ketchup Choice of Milk Choice of Milk	Hot Turkey Ham Sandwich Mashed Potatoes w/Gravy Fruit Salad Choice of Milk	Grilled Chicken Patty WG Bun Petite Banana Mashed Potato LS Chicken Gravy Choice of Milk	Pulled Pork Sandwich WG Hamburger Bun Baked Beans Fruit Mix Choice of Milk
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Segments LS Gravy Ketchup Choice of Milk	Taco Salad Tortilla Chips Beans Diced Tomato Shredded Lettuce Salsa Orange Segments Choice of Milk	Hot Turkey Ham Sandwich Carrot Slices Red Delicious Apple Segments Choice of Milk	Roast Turkey/Gravy Mashed Potatoes Green Beans WG Roll Pumpkin Pie Choice of Milk	WG Turkey Pepperoni/Cheese Pizza Romaine Salad Mix Orange Segments Ranch Dressing Choice of Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
LS Hamburger Patty WG Hamburger Bun RF Sliced Cheese Pear Ketchup Cfchoice of Milk	Beef & Bean Burrito Mexican Ric3e Salsa Fruit Salad Choice of Milk	NO SCHOOL	THANKSGIVING HOLIDAY	NO SCHOOL
27-Nov	28-Nov	29-Nov	30-Nov	
Chicken Patty WG Hamburger Bun Tritator Fruit Salad Choice of Milk Ketchup	WG Turkey Pepperoni/Cheese Pizza Banana Romaine Salad Mix Ranch Dressing Choice of Milk	Bean Tostada/RF Shredded Cheese Salsa Mexican Rice Refried Beans Orange Segments Choice of Milk	WG Chicken Nuggets Mashed Potatoes Red Delicious Apple Segments LS Gravy Ketchup Choice of Milk	Choice of Milk 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW= Whole Wheat RF = Reduced Fat LS = Low Sodium

SNACK MENU - NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1-Nov	2-Nov	3-Nov
		<u>Elementary Only:</u> Sandwich Fresh Whole Fruit Milk	Scooby-Doo Snack Banana	Chocolate Caramel Chex Mix Apple
6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
WG CC Oatmeal Snack Bar Grapes	Ritz Crackers Apple	<u>Elementary Only:</u> Sandwich Fresh Whole Fruit Milk	WG Animal Cracker Banana	Vanilla Waters Orange
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Cheddar Cheese Chex Mix Apple	Honey Nut Cheerios Milk	<u>Elementary Only:</u> Sandwich Fresh Whole Fruit Milk	Scooby Doo Snack Banana	WG CC Oatmeal Snack Bar Pear
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Ritz Crackers Apple	Vanilla Waters Orange	NO SCHOOL	THANKSGIVING HOLIDAY	NO SCHOOL
27-Nov	28-Nov	29-Nov	30-Nov	
WG Mixed Berry Graham Crackers Pear	Scooby-Doo Snack Milk	<u>Elementary Only:</u> Sandwich Fresh Whole Fruit Milk	Scooby Doo Snack Banana	<u>Choice of Milk</u> 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW= Whole Wheat RF - Reduced Fat

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