

Elementary Breakfast Menu - October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
WG English Muffin Turkey Sausage Patty Fruit Mix 100% Juice Choice of Milk Jelly	WG Rice Chex Cereal Cinnamon Graham Crackers Mandarin Orange Fruit Cup 100% Juice Choice of Milk	WG Mini Maple Waffles Strawberries 100% Juice Choice of Milk Maple Flavored Syrup	WG Cinnamon Cooked French Toast Fruit Mix 100% Juice Choice of Milk Maple Flavored Syrup	WG Buttermilk Biscuit Turkey Sausage Patty Diced Mangoes 100% Juice Choice of Milk Jelly
9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
WG Egg/Cheese Breakfast Pizza Pineapple Tidbits 100% Juice Choice of Milk	WG Cinnamon Cooked French Toast Fruit Mix 100% Juice Choice of Milk Maple Flavored Syrup	WG Cheerios Cereal Yogurt Graham Crackers Banana 100% Juice Choice of Milk	WG Mini Strawberry Pancake Applesauce 100% Juice Choice of Milk Maple Flavored Syrup	NO SCHOOL
16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
Pancake on a Stick Diced Mangoes 100% Juice Choice of Milk Maple Flavored Syrup	WG Rice Chex Cereal Graham Crackers Banana 100% Juice Choice of Milk	WG Egg/Cheese Breakfast Pizza Mandarin Orange 100% Juice Choice of Milk	WG Mini Strawberry Pancakes Cinnamon Applesauce 100% Juice Choice of Milk Maple Flavored Syrup	WG Cheerios Cereal Banana Graham Crackers 100% Juice Choice of Milk
23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
WG Rice Chex Cereal Cinnamon Graham Crackers Mandarin Orange Fruit Cup 100% Juice Choice of Milk	WG Buttermilk Biscuit Turkey Sausage Patty Diced Mangoes 100% Juice Choice of Milk Jelly	WG Egg/Cheese Breakfast Pizza Fruit Cup 100% Juice Choice of Milk	WG Cheerios Cereal Banana Graham Crackers 100% Juice Choice of Milk	NO SCHOOL
30-Oct	31-Oct			1-Sep
WG English Muffin Turkey Sausage Patty Fruit Mix 100% Juice Choice of Milk Jelly	WG Rice Chex Cereal Cinnamon Graham Crackers Mandarin Orange Fruit Cup 100% Juice Choice of Milk			Choice of Milk 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Grain WW = Whole Wheat

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