

Guadalupe Senior Centers March 2024 Menu

<p><u>Please help us not waste food call in for Cancellations call 816-218-0972</u></p>				<p style="text-align: center;">1</p> <p>Potato Broccoli Cheese Omelet Bake Cabbage Corn Biscuit Baked Apples Margarine 1% Milk</p>
<p style="text-align: center;">4</p> <p>Lasagna w/Meat Sauce Italian Vegetables Tossed Salad Italian Dressing WG Garlic Bread Margarine Fruit Delight 1% Milk</p>	<p style="text-align: center;">5</p> <p>Swedish Meatballs Egg Noodles Carrots Broccoli Honey Wheat Bread Orange Margarine 1% Milk</p>	<p style="text-align: center;">6</p> <p>Chicken Pot Pie Brussel Sprouts Tossed Salad w/tomato White Dinner Roll Ranch Dressing Chocolate Brownie Margarine 1% Milk</p>	<p style="text-align: center;">7</p> <p>Hamburger American Cheese Lettuce, Tomato Pickle, Onion Potato Wedges WG Hamburger Bun Ketchup, Mustard, Mayo Orange 1% Milk</p>	<p style="text-align: center;">8</p> <p>Breaded Cod Fish American Cheese Green Peas Creamy Cole Slaw WG Hamburger Bun Margarine Mandarin Oranges 1% Milk</p>
<p style="text-align: center;">11</p> <p>Beef Stew w/ Vegetables Tossed salad w/ Tomato& Red Cab FF French Dressing WW Biscuit Margarine Strawberries & Bananas 1% Milk</p>	<p style="text-align: center;">12</p> <p>WW Spaghetti & Meatballs Italian Vegetables Tossed Salad w/tomato Italian Dressing, Margarine Parmesan Cheese Garlic Bread Fruit Delight 1% Milk</p>	<p style="text-align: center;">13</p> <p>Battered Pollock Fish Carrots Cabbage/ Kohlabi Coleslaw Wheat Dinner Roll Margarine Tartar Sauce Mandarin Oranges 1% Milk</p>	<p style="text-align: center;">14</p> <p>Sweet and Sour Chicken Broccoli Salad Carrots White Rice Corn Bread Pineapple Chunks Margarine 1% Milk</p>	<p style="text-align: center;">15</p> <p>Corn Beef Cabbage Creamed Peas Corn bread Margarine Fruit Delight 1% Milk</p>
<p style="text-align: center;">18</p> <p>Cheese & Onion Enchilada Casserole Mexican Pinto Beans Corn O'Brien White corn tortillas Margarine Bananas & Strawberries 1% Milk</p>	<p style="text-align: center;">19</p> <p>Chili & Beans Shredded Cheese Diced Onions Corn Tossed Salad Tomato& Red Cab Whole Wheat Crackers FF Ranch Dressing Orange 1% Milk</p>	<p style="text-align: center;">20</p> <p>Lemon Baked Fish Scandinavian Blend Vegetables Baked Potato Wheat Dinner Roll Margarine Tartar Sauce Sour Cream Lemon Bar 1 % Milk</p>	<p style="text-align: center;">21</p> <p>Spanish Chicken Mexican Rice Mexican Pinto Beans Carrots White Corn Tortillas Margarine Strawberries w/ Topping 1% Milk</p>	<p style="text-align: center;">22</p> <p>Oven Fried Chicken Chicken Gravy Mashed Potatoes Green Beans Wheat Roll Margarine Chocolate Cake w/ Chocolate Frosting Vanilla Ice Cream 1% Milk</p>
<p style="text-align: center;">25</p> <p>Beef Taco Salad Shredded Cheddar Shredded Lettuce Diced Tomatoes Mexican Pinto Beans White Corn Tortilla Chips Sour Cream & Salsa Orange 1% Milk</p>	<p style="text-align: center;">26</p> <p>Meatball Grinder w/Shredded Mozzarella Italian Vegetables Tossed Salad w/tomato Italian Dressing WW Hot Dog Bun Margarine Peaches 1% Milk</p>	<p style="text-align: center;">27</p> <p>Mexican Goulash Mexican Pinto Beans Carrots White Corn Tortillas Orange 1% Milk</p>	<p style="text-align: center;">28</p> <p>Tuna Noodle Casserole Shredded Cheddar Bread Crumbs Green Beans Cabbage Biscuit Cinnamon Applesauce Margarine 1% Milk</p>	<p style="text-align: center;">29</p> <p><u>No Meal Delivery For Good Friday</u></p>  <p style="text-align: center;">Happy Easter!</p>